San Francisco Institute of Esthetics & Cosmetology

NAIL TECHNOLOGY COURSE INFORMATION

NAIL TECHNOLOGY COURSE DESCRIPTION

Nail Technology: ***SOC 39-5092.00, CIP Code 12.0410:***

The curriculum involves 400 hours to satisfy California state requirements. The course includes instruction and practical experience in manicures, pedicures, massage, customer service, personal appearance & hygiene, personal motivation and development, retail skills, client record keeping, business ethics, state laws and regulations, salon-type administration, and job interviewing.

Graduates are prepared to be entry-level nail technologists.

This course it taught in English. Textbooks and course materials are only offered in the English Language.

NAIL TECHNOLOGY COURSE OVERVIEW

Course Hours: 400 clock hours

The course is divided into pre-clinical classroom instruction and clinical service learning experiences.

- **Pre-clinical Classroom Instruction:** The first 100 hours are devoted to classroom workshops where students learn design principles, technical information, and professional practices.
- **Clinic Classroom Learning Experience:** The remaining 300 hours are spent in the clinic floor classroom where practical experience is gained.
- **Distance Education Learning Experience:** A student enrolled in a program with distance education may earn up to 48.00% of the program's total clock hours through distance education.

The 400 hour Nail Technology course at San Francisco Institute of Esthetics & Cosmetology is designed to train the student in basic nail skills, impeccable health and safety judgments, proper sanitation habits, business skill, communication skills, and professionalism necessary to obtain a California license and secure a job in Nail Technology or a related field. For specific subjects that are included in the Nail Technology program, refer to the Course Requirements below.

NAIL TECHNOLOGY COURSE OUTLINE

- **Technical instruction** denotes instruction by demonstration, lecture, classroom participation, or examination.
- **Practical operation** denotes the actual performance by a student of a complete service on another person or on a mannequin.
- **Core Curriculum:** This 100-hour time period is dedicated to exploring foundational knowledge and basic nails procedures. You will receive individual attention in practical workshops, and you will complete worksheets and periodic tests throughout the course. This is an intense and exciting portion of your experience.
- **Mentor Learning Experience:** Your remaining 300 hours will be spent in a clinic environment. You will dress, act, and work like an industry professional. You will use your own technical and therapeutic abilities, coupled with the assistance of Learning Leaders, to provide service to guests. You will make discoveries and learn relationship-building skills that will ensure your success in this exciting, diverse field.

EDUCATIONAL OBJECTIVES

Upon completion of the course requirements, the graduate will be able to:

- Project a positive attitude and a sense of personal integrity and self-confidence.
- Practice effective communication skills, visual poise, and proper grooming.
- Respect the need to deliver worthy service for value received in an employer-employee relationship.
- Perform the basic manipulatives skills in the area of nail care.
- Perform the basic analytical skills to determine appropriate nail care services to achieve the best total look for each client.
- Apply academic and practical learning and related information to ensure sound judgments, decisions, and procedures.

Class Size
Limit 14 students per class.

NAIL TECHNOLOGY COURSE SUBJECTS

The instructional program of San Francisco Institute of Esthetics & Cosmetology meets or exceeds California State Board requirements:

Subject	Technical Instruction	Practical Applications
Technical Instruction and Practical Training in Nail Care (300 hours)		
Manicures and Pedicures	60	60
Practical Operations	60	0
Nails	**180**	**0**
Technical Instruction in Health and Safety (100 hours)		
Laws and Regulations	10	0
Health and Safety Considerations	25	0
Disinfection and Sanitation	20	10
Bacteriology, Anatomy and Physiology	10	0
Additional Training	35	0
TOTAL HOURS OF TECHNICAL INSTRUCTION	**400**	

*ALL PRACTICAL INSTRUCTION REQUIRES DISINFECTION AND SANITATION

RECOMMENDATIONS

The California Board of Barbering and Cosmetology recommends that schools provide training in the area of communication skills that includes professional ethics, salesmanship, decorum, record keeping, client service records, and basic tax information relating to booth renters, independent contractors, employees, and employers.

GOAL

The goal of the Nail Technology curriculum is to prepare each student to become a licensed professional. Upon completion of the program, including exams, payments and the entire graduation checklist, graduates receive a Certificate of Completion.

SYLLABUS

The syllabus for students enrolled in the Nail Technology course will be 400 hours of practical training and technical instruction covering all aspects of the industry.

TEACHING AIDS AND LEARNING METHODS

All of San Francisco Institute of Esthetics & Cosmetology's programs will be taught in a sequential format that starts with basic skills and evolves into more advanced concepts as the program advances. The programs incorporate the basic skills needed for state board preparation, graduation and a job. Each student will be exposed to services and implements that reflect the current industry standards. Instruction will be a fun, interactive environment where students are able to explore their creative side as well as learn traditional techniques. Information will be delivered via discussion, question and answer, cooperative learning, problem solving, interactive lecture, and clinic activities. Additional learning methods will include, but are not limited to, guest speakers, power point presentations, field trips, projects and homework.

GRADING PROCEDURE

Approximately 1 business day will elapse between the school's receipt of student lessons and the institution's response or evaluation. Students are evaluated in practical (hands on) procedures as well as academic theory knowledge. Academic or theory learning is evaluated at the end of each topic or unit of study through written exam. Practical skills are assessed through the use of skill checks where a Learning Leader observes and evaluates the retention, accuracy, and level of skill using a standardized evaluation form. After the skill check, the student will be coached on their performance and any areas of improvement needed. If performance does not meet satisfactory academic requirements, it must be repeated until a passing grade is obtained.

GRADING SCALE

SFIEC uses the below grading scale for written exams:

Percentage	Grade
90% - 100%	A
Below 90%	Failing

SFIEC uses the below grading scale for practical exams:

Percentage	Grade
90% - 100%	A
Below 90%	Failing

NAIL TECHNOLOGY HYBRID EDUCATION COURSE SUBJECTS

Course Outline – Nail Technology Hybrid

CURRICULUM OUTLINE

ON-CAMPUS HOURS DISTANCE EDUCATION HOURS TOTAL HOURS 400 CLOCK HOURS

Course Clock Hours: On-Campus Hours 208 (52%) Distance Education Hours 192 (48%)

This course is divided into:

- **On-Campus Learning**: This will include the majority of practical hands-on training and final theory testing and practical evaluations that make up a student's GPA.
- **Online Distance Learning**: This will include the majority of theory instruction and certain basic nonchemical practical training.

The curriculum will be broken down as follows:

Subject	Technical Instruction Total Hours	Online Distance Learning Hours (Theory & Basic Practical)	On-Campus Learning Hours (Clinical Practical & Testing)	Online Practical Applications	On-Campus Practical Applications **	Total Practical Applications
Nail Care (300 Hours) **						
Manicures & Pedicures	200	87	113	28	32	60
Artificial Nails & Wraps	100	30	70	86	94	180
Health & Safety (100 Hours) **						
Laws & Regulations	10	5	5	0	0	0
Health & Safety Consideration	25	25	0	0	0	0
Disinfection & Sanitation	20	10	10	10	0	10
Bacteriology, Anatomy & Physiology	10	5	5	0	0	0
Professional Development	35	30	5	0	0	0
TOTAL HOURS	**400****	**300**	**100**			

**** Minimum Requirements of California Board of Barbering & Cosmetology**

COURSE OVERVIEW

Our Nail Technology Program is structured into the following phases:

CORE PHASE (1 TO 100 HOURS)

The first 100 hours is dedicated to providing the fundamentals in all the main areas of theoretical and practical instruction. The Core phase includes a combination of theory on school culture, nail care product knowledge, as well as an introduction to basic practical skills in these areas. During the Core phase, full-time students will on average spend three days (21 clock hours) each week engaged in online distance learning and the remaining two days (14 clock hours) each week engaged in practical hands-on training and theory testing on campus.

Creative Phase (101 to 400 hours):

The Creative Phase consists of 300 hours of additional theory training, specialty nail care, advanced practical services, including on live guests. During the Creative Phase, students will spend two days (14 hours) in online education and three days (21 hours) on campus, except for the last week of the program, which will be completely

taught on campus. Online learning will focus on theory lessons, professional development, soft skills, product knowledge, and preparation for the California State Board examination, as well as enhancement and repetition of previously acquired skills. The three days spent on campus will focus on theory testing, practical evaluations, servicing guests, mastering practical skills, spa readiness, and practicing for the State Board examination.

NAIL TECHNOLOGY PROGRAM TESTING AND GRADING PROCEDURE

In order to be considered passing, an Nail Technology student must meet the following passing scores:

SFIEC uses the below grading scale Nail Technology written exams:

Percentage	Grade
90% - 100%	A
Below 90%	Failing

SFIEC uses the below grading scale Nail Technology practical exams:

Percentage	Grade
90% - 100%	A
Below 90%	Failing