San Francisco Institute of Esthetics & Cosmetology

ESTHETICS 800 HOUR COURSE INFORMATION

ESTHETICS 800 HOUR COURSE DESCRIPTION

Esthetics: ***SOC 39-5094.00, CIP Code 12.0409:***

The state of California requires 600 hours of education to become licensed as an esthetician however, the school offers a 800 hour Esthetics program. The course includes extensive instruction and practical experience in skin, facials, hair removal, makeup application, customer service, personal appearance and hygiene, personal motivation and development, retail (Take Home) skills, guest record-keeping, business ethics, state laws and regulations, spa-type administration, and job interviewing.

Within the additional 200 hours the course will include instruction and practical experience within the Nail Care field, as needed.

Graduates are prepared to be entry-level esthetician technicians.

This course it taught in English. Textbooks and course materials are only offered in the English Language.

ESTHETICS 800 HOUR COURSE OVERVIEW

Course Hours: 800 clock hours

The course is divided into pre-clinical classroom instruction and clinical service learning experiences.

- **Pre-clinical Classroom Instruction:** The first 300 hours are devoted to classroom workshops where students learn design principles, technical information, and professional practices.
- **Clinic Floor Learning Experience:** The remaining 500 hours are spent in the clinic floor area where practical experience is gained.

ESTHETICS 800 HOUR COURSE OUTLINE

For all San Francisco Institute of Esthetics & Cosmetology curriculums, the following terminology applies:

- **Technical instruction** denotes instruction by demonstration, lecture, classroom participation, or examination.
- **Practical operation** denotes the actual performance by a student of a complete service on another person or on a mannequin.
- **Core Curriculum:** This 300-hour time period is dedicated to exploring foundational knowledge and basic esthetics, facial, hair removal, and makeup procedures. You will receive individual attention in practical workshops, and you will complete worksheets and periodic tests throughout the course. This is an intense and exciting portion of your experience.
- **Clinic Floor Learning Experience:** For the remaining 500 hours you will enter a new phase of specialty classroom workshops coupled with challenging practical services that will continue to build your skills as an industry professional.

- **Classroom Learning Experience:** During this phase of your learning, you will be introduced to guest speakers, prescriptive (Take Home) selling, motivation, self-improvement, body treatments, and emerging technologies. You will use your own technical and therapeutic abilities, coupled with the assistance of Learning Leaders, to provide service to service guests. You will make discoveries and learn relationship-building skills that will guide your success in this exciting, diverse field.
- **Creative Curriculum:** You will dress, act, and work like an industry professional. You will use your own technical and therapeutic abilities, coupled with the assistance of San Francisco Institute of Esthetics & Cosmetology Learning Leaders, to prepare for your future industry career.

EDUCATIONAL OBJECTIVES

Upon completion of the course requirements, the graduate will be able to:

- Project a positive attitude and a sense of personal integrity and self-confidence.
- Practice effective communication skills, visual poise, and proper grooming.
- Respect the need to deliver worthy service for value received in an employer-employee relationship.
- Perform the basic manipulative skills in the areas of hair care, skin care, and nail care.
- Perform the basic analytical skills to determine appropriate hair care, skin care, and nail care services to achieve the best total look for each client.
- Apply academic and practical learning and related information to ensure sound judgments, decisions, and procedures.

Class Size
Limit 20 students per class.

ESTHETICS 800 HOUR COURSE SUBJECTS

The instructional program of San Francisco Institute of Esthetics & Cosmetology meets or exceeds California State Board requirements:

State Required Subjects and Hour Requirements
Technical and Practical Instruction in Skin Care (350 hours)
Includes chemical and manual facials and massaging, stimulating, exfoliating, cleansing, or beautifying the face, scalp, neck, or body by the use of hands, esthetic devices, cosmetic products, antiseptics, lotions, tonics, or creams that do not result in the ablation or destruction of the live tissue.
Technical and Practical Instruction in Health and Safety (100 hours)
Includes hazardous substances, chemical safety, safety data sheets, protection from hazardous chemicals, preventing chemical injuries, health and safety laws and regulations, and preventing communicable diseases.
Technical Instruction and Practical Training in Disinfection and Sanitation (100 hours)
Includes disinfection procedures to protect the health and safety of consumers as well as the technician and proper disinfection procedures for equipment used in establishments.
Technical Instruction and Practical Training in Hair Removal and Lash and Brow Beautification (50 hours)
Includes tinting and perming eyelashes and brows and applying eyelashes to any person and includes removing superfluous hair from the body of any person by use of depilatories, tweezers, sugaring, nonprescription chemicals, or waxing, or by the use of devices and appliances of any kind or description, except by the use of lasers or light waves, which are commonly known as rays.
ADDITIONAL HOURS
Additional Training
TOTAL HOURS OF TECHNICAL INSTRUCTION: 800 CLOCK HOURS

*ALL PRACTICAL INSTRUCTION REQUIRES DISINFECTION AND SANITATION

RECOMMENDATIONS

The California Board of Barbering and Cosmetology recommends that schools provide training in the area of communication skills that includes professional ethics, salesmanship, decorum, record keeping, and client service records.

GOAL

The goal of the Esthetics/Nail Care curriculum is to prepare each student to become a licensed professional. Upon completion of the program, including exams, payments and the entire graduation checklist, graduates receive a Certificate of Completion.

SYLLABUS

The curriculum for students enrolled in an Esthetics course shall consist of six hundred (600) hours of technical instruction and practical training covering all practices of an Esthetician pursuant to Section 7316 of the Barbering and Cosmetology Act.

TEACHING AIDS AND LEARNING METHODS

All of San Francisco Institute of Esthetics & Cosmetology's programs will be taught in a sequential format that starts with basic skills and evolves into more advanced concepts as the program advances. The programs incorporate the basic skills needed for state board preparation, graduation and a job. Each student will be exposed to services and implements that reflect the current industry standards. Instruction will be a fun, interactive environment where future professionals are able to explore their creative side as well as learn traditional techniques. Information will be delivered via discussion, question and answer, cooperative learning, problem solving, interactive lecture, and clinic activities. Additional learning methods will include, but are not limited to, guest speakers, power point presentations, field trips, projects and homework.

GRADING PROCEDURE

Approximately 1 business day will elapse between the school's receipt of student lessons and the institution's response or evaluation. Students are evaluated in practical (hands on) procedures as well as academic theory knowledge. Academic or theory learning is evaluated at the end of each topic or unit of study through written exam. Practical skills are assessed through the use of skill checks where a Learning Leader observes and evaluates the retention, accuracy, and level of skill using a standardized evaluation form. After the skill check, the student will be coached on their performance and any areas of improvement needed. If performance does not meet satisfactory academic requirements, it must be repeated until a passing grade is obtained.

GRADING SCALE

SFIEC uses the below grading scale for written exams:

Percentage	**Grade**
90% - 100%	A
Below 90%	Failing

SFIEC uses the below grading scale for practical exams:

Percentage	**Grade**
90% - 100%	A
Below 90%	Failing

ESTHETICS 800 HOUR COURSE OVERVIEW

Our Esthetics Program is structured into the following phases:

CORE PHASE (1 TO 300 HOURS)

The first 300 hours is dedicated to providing the fundamentals in all the main areas of theoretical and practical instruction. The Core phase includes a combination of theory on school culture, facials, hair removal, makeup, product knowledge, as well as an introduction to basic practical skills in these areas.

CREATIVE PHASE (301 TO 800 HOURS)

The Creative Phase consists of additional theory training, advanced facials using machines, advanced hair removal, spa readiness, and other advanced practical services, including on live guests. Students will focus on theory testing, practical evaluations, servicing guests, mastering practical skills, spa readiness, and practicing for the State Board examination.

ESTHETICS 800 HOUR PROGRAM TESTING AND GRADING PROCEDURE

In order to be considered passing, an Esthetics student must meet the following passing scores:

SFIEC uses the below grading scale Esthetics written exams:

Percentage	Grade
90% - 100%	A
Below 90%	Failing

SFIEC uses the below grading scale Esthetics practical exams:

Percentage	Grade
90% - 100%	A
Below 90%	Failing